



Water Survival

Marine Courses



Health and Safety



Crisis Management



Fire Fighting Search & Rescue

PASS TRAINING

Course Calendar

2022-2024



Skill Development



Onsite Training Courses



At the core of our expertise as safety trainers, we aim to create a positive impact that will help prevent accidents and facilitate effective response in the event of an emergency.

CONTENT

4-14	COURSE LIST
15-64	COURSE DESCRIPTION
65	COURSE CALENDAR
66-72	WATER SURVIVAL
73-76	MARINE COURSES
77-78	HEALTH AND SAFETY
79-80	CRISIS MANAGEMENT
81-82	MISTDO
83-89	FIRE FIGHTING SEARCH & RESCUE
90-93	SKILL DEVELOPMENT
94-96	MEDICAL & FIRST AID
97-98	E-LEARNING COURSES

Course List



**WATER
SURVIVAL**

COURSE LIST



FIRE FIGHTING, SEARCH AND RESCUE

COURSE LIST



HEALTH AND SAFETY

COURSE LIST

HSE

We offer both Basic and Advanced First Aid training, which aims to ensure individuals and organizations are best equipped and ready to deal with accidents, illnesses, and* injuries in any circumstance, particularly within the workplace.



Crisis Management

We provide Crisis Management training developed to focus on current major emergency management practices and techniques for dealing with offshore and onshore emergencies.



SKILLS DEVELOPMENT

COURSE LIST



STCW

The Standards of Training, Certification, and Watch keeping for Seafarers (STCW), which the International Maritime Organization (IMO) established in 1978, designates a set of minimal international training standards for professional mariners.



Fire Extinguisher Users Course

[Learn More](#)

Fire Warden

[Learn More](#)

Forklift Truck Operator (RTITB Existing)

[Learn More](#)

Banksman Slinger Incorporating Gantry Crane

[Learn More](#)

Deck Crane (Knuckle Boom)

[Learn More](#)

Forklift Truck Operator (RTITB Novice Operator)

[Learn More](#)

Aluminium Access Scaffold Towers

[Learn More](#)

Cargo Basket Inspection

[Learn More](#)

Dangerous Goods Awareness

[Learn More](#)

Forklift Truck Operator (RTITB Refresher)

[Learn More](#)

Banksman and Slinger

[Learn More](#)

Container Stowing and Securing

[Learn More](#)

Fall Arrest Suspension and Rescue Equipment

[Learn More](#)

Gas Detection and Confined Space Entry

[Learn More](#)

<p>Hand Arm Vibration Syndrome</p> <p>Learn More</p>	<p>Health & Safety at work Awareness</p> <p>Learn More</p>	<p>Working at Heights</p> <p>Learn More</p>		<p>LOLER Appointed Person</p> <p>Learn More</p>	<p>Appointed Person for Lifting Operations</p> <p>Learn More</p>	<p>Banksman & Slinger Operator Stage 3</p> <p>Learn More</p>	<p>Permit to Work</p> <p>Learn More</p>
<p>Helicopter Landing Officer Offshore</p> <p>Learn More</p>		<p>Scaffold Skills Assessment</p> <p>Learn More</p>	<p>Basic Rigging and Lifting</p> <p>Learn More</p>	<p>Manual Handling (Assessor)</p> <p>Learn More</p>		<p>Personal Protective Equipment</p> <p>Learn More</p>	
<p>Helicopter Refuelling</p> <p>Learn More</p>	<p>Ladder Inspection and Safe Use</p> <p>Learn More</p>		<p>Manual Handling (Awareness)</p> <p>Learn More</p>		<p>PUWER Assessor</p> <p>Learn More</p>		
<p>Helideck Assistant</p> <p>Learn More</p>	<p>Lifting Equipment and Lifting Accessories</p> <p>Learn More</p>		<p>Mobile Crane</p> <p>Learn More</p>		<p>Reach Truck</p> <p>Learn More</p>		
		<p>Lifting Risks</p> <p>Learn More</p>	<p>Mobile Elevated Work Platform (MEWPS)</p> <p>Learn More</p>		<p>Rigging and Lifting Appreciation</p> <p>Learn More</p>		

<p>Rigging & Lifting Awareness</p> <p><i>Learn More</i></p>	<p>Risk Assessment</p> <p><i>Learn More</i></p>	<p>Slips, Trips & Falls</p> <p><i>Learn More</i></p>	<p>Advanced Rigging and Lifting</p> <p><i>Learn More</i></p>
<p>Rigging Loft Manager</p> <p><i>Learn More</i></p>	<p>Man Riding Tugger Operations</p> <p><i>Learn More</i></p>	<p>Working Safely with Hydrogen Sulphide (H²S)</p> <p><i>Learn More</i></p>	<p>*Usually undertaken at client's location</p>

Course Description

BASIC FIRE AWARENESS TRAINING	
Course code	OFI732
Course name	Fire Awareness Training
Course group	Basic and Specialist Emergency Response Training
Duration	0.5 Day / 1 Year
Target group	This course is designed for all personnel working in offices, onshore installations, industrial sector, residential areas, shipyards and construction yards. Everyone can benefit from the basic knowledge this training delivers.
Prerequisites	No prior training is required by delegates attending this training course.
Objective	During training, participants would gain a basic level of understanding and awareness of the duties and responsibilities of everyone during a fire incident, as well as obtain necessary fire safety, prevention, protection and risk assessment knowledge.
Contents	<p>The course consists of practical and theoretical training and knowledge of:</p> <ul style="list-style-type: none"> • What is fire • Types of fire • Elements of fire • The common causes of fire • The behavior of fire • Fire prevention • Fire procedures in the workplace • Responding to the fire alarm • Responding to an outbreak of fire • Practical use of fire extinguishers • Emergency evacuation procedures

BASIC FIRST AID	
Course code	OFA702
Course name	Basic First Aid
Course group	General Basic First Aid Training
Duration	2 Days/2 Years
Target group	The training is appropriate for personnel requiring a first aid certificate to meet the requirements of the Health and Safety at Work Act and the Health and Safety (First Aid) regulations.
Prerequisites	No pre-requisites are required.
Objective	The course consists of a combination of theory and practical training modules. Delegates will be assessed against the learning outcomes by oral and practical examination or by written and practical examination.
Contents	<p>The course consists of practical and theoretical training and knowledge of:</p> <ul style="list-style-type: none"> • Basic Anatomy and Physiology • Care of the unconscious casualty • The recovery position • Resuscitation • Shock - recognition and treatment • Wounds and bleeding • Burns - recognition and treatment of thermal, chemical and electrical burns • Fractures - recognition and treatment • Poisons - types and effects of poisoning • Illness and medical emergencies

BASIC OFFSHORE SAFETY INDUCTION AND EMERGENCY TRAINING BOSIET (OPITO)	
Course code	OSE703
Course name	Basic Offshore Safety Induction and Emergency Response Training BOSIET
Course group	General basic safety and emergency training
Duration	3 Days
Target group	The course is designed for personnel intending to work on an offshore installation and forms part of a common Offshore Safety Induction process
Prerequisites	No prior training is required to attend this training programme.
Objective	<p>To provide delegates with a basic level of understanding and awareness of safety and emergency response on offshore installations.</p> <p>Delegates will be required to demonstrate their skills and a level of knowledge and understanding of key areas, as defined in the OPITO Standard for Basic Offshore Safety Induction & Emergency Training.</p>
Contents	<p>The course focuses on the following elements: - Safety Induction</p> <ul style="list-style-type: none"> - Helicopter Safety & Escape - Sea Survival - Fire Fighting and Self Rescue

BREATHING APPARATUS WEARERS TRAINING	
Course code	N/A
Course name	Breathing Apparatus Wearers Training
Course group	Basic and Specialist Emergency Response Training
Duration	2 Days / 2 Years
Target group	This training is targeted at individuals that are members of the emergency response teams as well as other personnel that are also required to Breathing Apparatus in carrying out their respective functions within the organization.
Prerequisites	There is no pre - requisite for delegates attending this training however delegates must be physically capable of meeting the requirements of the course.
Objective	This course is designed to provide delegates with operational theoretical and practical training in the use of Self Contained Breathing Apparatus (SCBA) and provide knowledge of basic guidance and procedures required for the safe and effective operational use of BA as well as first line requirements for inspecting, using and maintenance of SCBA.
Contents	<p>The course consists of practical and theoretical training and knowledge of:</p> <ul style="list-style-type: none"> ▪ Relevant Legislation ▪ Elements of Self-Contained Breathing Apparatus (SCBA) ▪ Pre-Use Inspection procedures ▪ Conditions requiring the use of breathing apparatus ▪ General components ▪ SCBA Operational checks ▪ SCBA Donning and Doffing Procedures ▪ Search and rescue techniques using SCBA ▪ SCBA control Procedures <p>*Basic wearing exercises to test the endurance level of each participant will be carried out.</p>

BREATHING APPARATUS AWARENESS	
Course code	OFI751
Course name	Breathing Apparatus Awareness Training
Course group	Basic and Specialist Emergency Response Training
Duration	1 Day / 1 Year
Target group	This training is targeted at personnel who will be required to use a Self - Contained Breathing Apparatus (SCBA) set at some time in the course of carrying out their duties while at work.
Prerequisites	There is no pre - requisite for delegates attending this training however delegates must be physically capable of meeting the requirements of the course.
Objective	This course is designed to provide delegates with basic theoretical and practical training in the use of Self Contained Breathing Apparatus (SCBA) and provide knowledge of basic guidance and procedures required for the safe and effective operational use of BA as well as first line requirements for inspecting, using and maintenance of SCBA.
Contents	<p>The course consists of practical and theoretical training and knowledge of:</p> <ul style="list-style-type: none"> • Different types of SCBA sets • Components of a SCBA • Limitations of SCBA • Responsibilities of SCBA Wearers • Care and basic maintenance of SCBA • Testing of SCBA before and after use • Proper donning and doffing of SCBA • SCBA Procedures • Entrapment Procedure • SCBA control Procedures • SCBA endurance exercise

COMPRESSED AIR EMERGENCY BREATHING SYSTEM (CA-EBS) INITIAL DEPLOYMENT TRAINING (OPITO)	
Course code	OBS786
Course name	Compressed Air Emergency Breathing System (CA-EBS) Initial Deployment Training
Course group	General basic safety and emergency training
Duration	1.5 Hours
Target group	The Target group is personnel that are issued with Compressed Air Emergency Breathing System (CA-EBS) whilst travelling to work by helicopter and may be required to use a CA-EBS in the event of an emergency.
Prerequisites	Delegates must possess a valid BOSIET/FOET certificate including a valid HUET certificate prior to attending the OPITO Compressed Air Emergency Breathing System (CA-EBS) Initial Deployment Training programme
Objective	The aims and objectives of the training are to ensure that the delegate gains the required knowledge and understanding of the particular hazards and properties of a Compressed Air Emergency Breathing System (CA-EBS) and appropriate practical emergency response actions to take should the requirement for emergency deployment arise.
Contents	<p>The course focuses on:</p> <p>The ability for delegates to explain;</p> <ul style="list-style-type: none"> • The fundamental differences between re-breather and compressed air systems (technology and use) • The rationale and use of compressed air emergency breathing systems in helicopter emergency situations • The hazards associated with compressed air emergency breathing systems <p>Delegates must be able to demonstrate;</p> <ul style="list-style-type: none"> • A pre-flight inspection of the life jacket and CA-EBS • Donning the life jacket with CA-EBS correctly, including buddy check' • An emergency deployment of the CA-EBS in a dry environment

SCAFFOLDER (LEVEL 1) TRAINING	
Course code	OSP774
Course name	Scaffolder (Level 1)
Course group	Skills Development Training
Duration	5 days
Target group	This course is aimed at trainee scaffolders who require basic scaffolding skills training. Carried out at our approved centre or on client's sites.
Prerequisites	No Prerequisites required for the training.
Objective	To give the attendees such knowledge and skills to enable them to erect, alter and dismantle basic scaffolding structures in traditional tube and fitting and common system scaffolds.
Contents	<ul style="list-style-type: none"> • International Best Practice • Static Tower (2 Lifts including foot tie) • International Performance Standards • Mobile Tower • Local Legal Requirement • Independent with Return (2 Lifts including foot tie) • Components/Materials recognition • Nine Standard Birdcage Scaffold (Two lifts) • Manual Handling (SG6) including foot tie) • Fall Prevention (SG4) • Practical/Theory Test • Foundations/Integrity and stability (Bracing & Ties etc.) • Access & Egress
Certification	Successful delegates will receive an Overseas Scaffolder Level 1 Certificate of Training and Record Card.

ADVANCED SCAFFOLD INSPECTION	
Course code	OSP798
Course name	CISRS Advanced Scaffold Inspection
Course group	Skills Development
Duration	2 Days
Target group	This course is aimed at those who are required to carry out safety inspections for complex de- signed access, working and special scaffolds.
Prerequisites	Attendee must possess CISRS Basic Scaffold Inspection (BSI) Certificate and/or Card, which must have been held for minimum of two (2) years.
Objective	To give the attendees such knowledge and skills to enable them to inspect complex designed access, working and special scaffolds and complete safety inspection reports.
Contents	<ul style="list-style-type: none"> • Statutory Requirements & Codes of Practice • International Standards (British, European, US & Local) • International Best Practice & Industry Standards (NASC) • Overview of Fall prevention in Scaffolding • Advanced Component Information • Review of Basic Structures • Scaffold Design Overview & Interpreting Drawings • Advanced Scaffold Structures (including): <ul style="list-style-type: none"> - Suspended Scaffolds - Cantilevered Scaffolds - Splayed / Radial Scaffolds - Shores (Dead, Raking, Flying) - Ramps & Gangways <ul style="list-style-type: none"> • Scaffold Inspection In Practice • Scaffold Inspection Reports • Scaffold Tagging Systems • Scaffold Inspection Exercises • Knowledge Test and Assessment
Certification	Successful delegates will receive a CISRS Overseas Advanced Scaffold Inspector Certificate of Training and Record Card.

CISRS BASIC SCAFFOLD INSPECTION	
Course code	OSP707
Course name	Basic Scaffold Inspection Training
Course group	Skills Development
Duration	3 Days
Target group	This course is aimed at those who are required to carry out safety inspections for basic access, working and special scaffolds.
Prerequisites	Basic Scaffold Inspectors need to hold the card for a minimum of 2 years prior to attending the CISRS Advanced Course.
Objective	To give the attendees such knowledge and skills to enable them to inspect basic access, working and special scaffolds and complete safety inspection reports.
Contents	<ul style="list-style-type: none"> • Statutory Requirements & Codes of Practice • Beams and bridging beams • International Standards (British, European, US & Local) • Public protection • International Best Practice & Industry Standards (NASC) • Various types of system scaffolding • Overview of Fall prevention in Scaffolding • How to carry out a scaffolding inspection • Tube, fittings & boards • Scaffold Inspection Reports • Safe access and egress • Scaffold Tagging Systems • Scaffolders training and working methods • Scaffold Inspection Exercises • Bracing and tying scaffolds • Knowledge Test and Assessment • Mobile, static and loading towers
Certification	Successful delegates will receive a CISRS Overseas Basic Scaffold Inspector Certificate of Training and Record Card.

CISRS LEVEL 2 SCAFFOLDER TRAINING	
Course code	OSP779
Course name	Scaffolder (Level 2) Training
Course group	Skills Development
Duration	5 Days
Target group	Delegates must complete the CISRS Level 1 Overseas Scaffolder 5 day course and held the certificate for at least 6 months. Carried out at our approved centre or on client's sites.
Prerequisites	CISRS Level 1 Overseas Scaffolder 5 day course and 6 months' work experience.
Objective	To give the attendees such knowledge and skills to enable them to erect, alter and dismantle scaffolding structures of an intermediate complexity in traditional tube and fitting and common system scaffolds.
Contents	<ul style="list-style-type: none"> • International Best Practice • Independent with Return and Protection Fan • International Performance Standards • Edge protection/Handrails or Crash Deck • Local Legal Requirement • Loading Bay or Gantry with Beams • Components/Materials recognition • Practical/Theory Test • Manual Handling (SG6) • Fall Prevention (SG4) • Foundations/Integrity and stability (Bracing & Ties etc) • Access & Egress
Certification	Successful delegates will receive a CISRS Overseas Scaffolder Level 2 Certificate of Training and Record Card.

CISRS LEVEL 3 SCAFFOLDER TRAINING	
Course code	OSP779
Course name	Scaffolder (Level 3) Training
Course group	Skills Development
Duration	5 Days
Target group	Delegates must complete the CISRS Level 2 Overseas Scaffolder 5 day course and held the certificate for at least 6 months. Carried out at our approved centre or on client's sites
Prerequisites	CISRS Level 2 Overseas Scaffolder 5 day course and at least 6 months' work experience
Objective	To give the attendees such knowledge and skills to enable them to erect, alter and dismantle scaffolding structures of an intermediate complexity in traditional tube and fitting and common system scaffolds.
Contents	<ul style="list-style-type: none"> • International Best Practice • Bridging with Beams (Independents or gantry) • International Performance Standards • Lifting Frame • Local Legal Requirement • Splay/Radial • Components/Materials recognition • Practical/Theory Test • Manual Handling (SG6) • Fall Prevention (SG4) • Foundations/Integrity and stability (Bracing & Ties etc) • Access & Egress
Certification	Successful delegates will receive a CISRS Overseas Scaffolder Level 3 Certificate of Training and Record Card.

SCAFFOLDING SUPERVISOR TRAINING	
Course code	OSP788
Course name	Scaffolding Supervisor Training
Course group	Skills Development Training
Duration	3 Day
Target group	This course is aimed at those who are responsible for the supervision, direction and instruction of scaffolding operations e.g. Chargehands, Foreman, Supervisors, Contract Supervisors and Management
Prerequisites	No prior training required
Objective	To give the attendees such knowledge and skills to enable them to supervise, monitor, direct and instruct scaffolders for scaffolding operations
Contents	<ul style="list-style-type: none"> • Legal Overview (Local Regulation for the country or region) • Performance Standards • Communication Skills (including Task Briefings & Toolbox Talks) • Supervisory Skills • Design Appreciation • Theory Tests • Practical Exercises (Scaffold Inspection & Toolbox Talks) Risk Assessment Project
Certification	Successful delegates will receive a CISRS Overseas Scaffold Supervisor Certificate of Training and Record Card.

COMPARTMENT FIRE BEHAVIOUR	
Course code	OFI753
Course name	Compartment Fire Behaviour Training
Course group	Basic and Specialist Emergency Response Training
Duration	2 Days / 2 Years
Target group	This course is aimed at emergency response team members appointed to control fire-fighting operations and officers who wish to qualify for a Certificate of Competency.
Prerequisites	No prior training is required by delegates attending this training course.
Objective	The Compartment Fire Behavior Training (CFBT) is developed to equip delegates with the capacity knowledge and skills to employ to competently and safely follow the correct procedures to be adopted to reduce the probability of flashover and back draught occurring at an emergency.
Contents	<p>The course consists of practical and theoretical training and knowledge of:</p> <ul style="list-style-type: none"> • Understand the principles of combustion and compartment fire behavior; • Understand how fire develops and spreads within a compartment and how it can be extinguished; • Understand and demonstrate the appropriate extinguishing techniques, cooling techniques and ventilation techniques; and • Demonstrate the appropriate entry techniques, recognize the hazards and risks within the environment, and apply the appropriate tactics • Understand the terms combustion, Pyrolysis, hot gases and limits of flammability • Understand the implication and hazards of these, in association with compartment firefighting • Observe the combustion of smoke and the ignition of a flammable gas through its flammable range • Identify the signs of a flashover • Identify the signs of a back draught • Observe the development of a compartment fire and the effect construction has on that fire • Understand the limitations of fire ground PPE • Carry out correct door entry procedures

CONFINED SPACE ENTRY AND EXIT TRAINING	
Course code	OSP705
Course name	Confined Space Entry and Exit Training
Course group	Basic and Specialist Emergency Response Training
Duration	2 Days / 2 Years
Target group	This course is aimed at persons working in confined space environments where there is a medium risk that a specified hazard may be present. It will require the use of escape breathing apparatus. The course is designed to provide awareness of confined space entry hazards and procedures for operating company and contractor personnel involved in controlling entry to confined spaces and rescue procedures, combined with practical training in entry and escape.
Prerequisites	No prior training is required by delegates attending this training course, however, it is the responsibility of the employer or delegates to assess their ability and fitness to safely attend this training programme.
Objective	The course is designed for the delegates to acquire basic knowledge and skills through a combination of lecture presentations, group discussions, demonstrations, individual and team exercises.
Contents	<p>The course consists of practical and theoretical training and knowledge of:</p> <ul style="list-style-type: none"> • Relevant legislation and guidelines • Classification of confined spaces • Confined space hazards • Safe working procedures • Equipment and tools • Working in teams • Confined space rescue considerations. • Practical exercise - prepare to enter and work safely in medium risk confined spaces • Practical exercise - enter and exit confined spaces safely • Procedures for dealing with emergencies • Preparing and using escape breathing apparatus • Practical exercise - preparing and using escape breathing apparatus • Practical exercise - emergency exit from confined space • Knowledge assessment

CONFINED SPACE SEARCH AND RESCUE TRAINING	
Course code	OSP706
Course name	Confined Space Search and Rescue
Course group	Emergency Response Training
Duration	2 Days
Target group	This training is intended for personnel working in hazardous / confined space regions.
Prerequisites	Participants are expected to have knowledge on safe work systems
Objective	<p>This extended duration course is designed for experienced confined space personnel who have been selected or require additional training to become entry/task or site supervisors (Appointed/Authorised Persons).</p> <p>Note: This course will introduce and use SCBA (Self Contained Breathing Apparatus), Airlines and Escape Set apparatus.</p>
Contents	<ul style="list-style-type: none"> • An understanding of Confined Space legislation. • Recognition of confined spaces and classification. • Understanding of the hazards associated with confined spaces. • Ability to identify and use specialist equipment required for confined space entry activities. • An understanding of the activity roles and individuals duties regarding confined spaces procedures. <p>Practical exercises incorporating confined space equipment, emergency scenarios and extrication requirements of casualties.</p>

CRISIS MANAGEMENT TRAINING	
Course code	-
Course name	Crisis Management Training (Strategic or Gold Control)
Course group	Management of Major Emergencies Training
Duration	2 Days
Target group	<p>This training is intended for:</p> <ul style="list-style-type: none"> • Senior Crisis Roles - CEO / MD, Head of finance, Head of legal and Head of media • Leading Team - - Senior Management, Duty managers and Relevant Department Team leaders) • All H.R team members that could be involved in emergency response including H.R admin • All Media representatives and media admin staff that could be involved in emergency response. Media Spokespersons that could address the media – one to one.
Prerequisites	No prior training is required by delegates attending this training course.
Objective	To deliver training and exercises that cover the areas in dealing with major emergencies that have entered into a Crisis phase.
Contents	<p>Media Team Exercise</p> <ul style="list-style-type: none"> • Press conference “Answering difficult questions” Senior Crisis Role Exercise • Use of case studies to bring crisis / major emergency situations to life. • Business Continuity. • Details of case studies to depend on type of company but will be video and slides to spark discussion. <p>Leading Team Role Exercise</p> <ul style="list-style-type: none"> • Team leadership under pressure (theory and case studies); • Decision making and recording (good practice with examples); • Managing the information in the room (so it is legally auditable); • Reporting requirements (Board, regulatory etc); briefing the team (structured format); • Media and HR requirements from the leader.

EMT EMERGENCY MANAGEMENT TEAM TRAINING	
Course code	-
Course name	EMT Emergency Management Team Training (On- Shore Support)
Course group	Management of Major Emergencies Training
Duration	2 Days
Target group	This training is intended for personnel who have responsibilities for the management of onshore tactical support for emergency situations for offshore facilities and industrial sites.
Prerequisites	No prior training is required by delegates attending this training course.
Objective	<p>The course has been developed to train support teams and managers (Person's in Charge) who will co-ordinate medical support, search and rescue, marine assistance / oil spill response, logistics, security, human resources and liaison with strategic control (Crisis Management teams).</p> <p>The course principles are driven by the ICS (Incident command System) addressing tactical decisions and response which works in conjunction with our current MEM (Major Emergency Management) training for operational response offshore and onshore plants and facilities.</p>
Contents	<p>The course consists of practical and theoretical training and knowledge of:</p> <ul style="list-style-type: none"> • Activating of team members • Battle Books & Checklists and Information management • Casualty tracking, • Asset Management • Liaising with & gathering Information from site • Technical Logistics – Marine, Aviation, Land based Vehicles • Casualty Management - Medical Dispatch / Medical Receiving – Staff & Contractor • Notifications - Internal • Notifications & Agency Liaison (DPR, NOSDRA, NIMASA, Police, Contractors etc.) • Security

FIRE WARDENS TRAINING	
Course code	OFI733
Course name	Fire/warden
Course group	Fire Fighting and Prevention – nonprofessional fire fighters
Duration	0.5 Day / 1 Year
Target group	This course is designed for personnel designated as fire wardens/ marshals/officers on onshore installations, industrial sector, shipyards and construction yards or petrochemical industry.
Prerequisites	No prior training required
Objective	During the course of training, participants would gain a basic level of understanding and awareness of the duties and responsibilities of a fire warden as well as obtain necessary fire safety, prevention, protection and risk assessment knowledge.
Contents	<p>The course consists of practical and theoretical training and knowledge of:</p> <ul style="list-style-type: none"> • Legislation and Legal Duties • Fire Prevention • Combustible Solids and Flammable Liquids • Hazardous Materials • Electrical Hazards • Risk Assessment and Risk Assessing • Theory of Combustion • Portable Fire Fighting Equipment • Means of Escape • Evacuation Procedures • How to conduct Fire Safety Inspections • Practical use of Portable Fire Fighting Equipment

ADVANCED FIREFIGHTING LEVEL 1	
Course code	OFI777
Course name	Firefighting Level 1
Course group	Basic and Specialist Emergency Response Training
Duration	4 Days/2 Years
Target group	This course is aimed at emergency response team members appointed to control fire-fighting operations and officers who wish to qualify for a Certificate of Competency.
Prerequisites	Delegates attending this training course must have Basic Firefighting Training .
Objective	The course is designed for training and competence in knowledge of the causes of fire, and prevention and firefighting techniques as well as risk minimization and actions to be taken in the event of a fire or similar emergency.
Contents	<p>The course consists of practical and theoretical training and knowledge of:</p> <ul style="list-style-type: none"> • Theory of combustion • Fire behavior, fire prevention & classification of fire • Control & extinction of fires • Fire Fighting organization • Incident command, control & communication techniques • Confined space rescue • Compartment firefighting techniques • The containment of fire • Machinery space fire fighting • Fixed firefighting systems • Fire detection equipment and investigation • Legislation • Liaison with Fire & Rescue services • Search & rescue techniques • Use & control of breathing apparatus • Major incident involving multi-compartment fires

FIREFIGHTING LEVEL 2	
Course code	OFI778
Course name	Firefighting Level 2
Course group	Basic and Specialist Emergency Response Training
Duration	4 Days/2 Years
Target group	This course is aimed at emergency response team members appointed to control fire-fighting operations and officers who wish to qualify for a Certificate of Competency.
Prerequisites	Delegates attending this training course must have successfully undergone firefighting level 1 training.
Objective	The course is designed for training and competence in knowledge of the causes of fire, and prevention and firefighting techniques as well as risk minimization and actions to be taken in the event of a fire or similar emergency.
Contents	<p>The course consists of practical and theoretical training and knowledge of:</p> <ul style="list-style-type: none"> • Team work • Personal protective equipment • Water supplies: Hose and Hose fittings • Breathing apparatus • Breathing Apparatus control procedures • Search and rescue • Internal fire fighting • Heat and humidity • Foam • Pressure vessels • Fixed Fire Detection and Protection systems • Gas characteristics

COMPARTMENT FIRE BEHAVIOUR	
Course code	OFI753
Course name	Compartment Fire Behaviour Training
Course group	Basic and Specialist Emergency Response Training
Duration	2 Days / 2 Years
Target group	This course is aimed at emergency response team members appointed to control fire-fighting operations and officers who wish to qualify for a Certificate of Competency.
Prerequisites	No prior training is required by delegates attending this training course.
Objective	The Compartment Fire Behavior Training (CFBT) is developed to equip delegates with the capacity knowledge and skills to employ to competently and safely follow the correct procedures to be adopted to reduce the probability of flashover and back draught occurring at an emergency.
Contents	<ul style="list-style-type: none"> • The course consists of practical and theoretical training and knowledge of: • Understand the principles of combustion and compartment fire behavior; • Understand how fire develops and spreads within a compartment and how it can be extinguished; • Understand and demonstrate the appropriate extinguishing techniques, cooling techniques and ventilation techniques; and • Demonstrate the appropriate entry techniques, recognize the hazards and risks within the environment, and apply the appropriate tactics • Understand the terms combustion, Pyrolysis, hot gases and limits of flammability • Understand the implication and hazards of these, in association with compartment fire fighting • Observe the combustion of smoke and the ignition of a flammable gas through its flammable range • Identify the signs of a flashover • Identify the signs of a back draught • Observe the development of a compartment fire and the effect construction has on that fire • Understand the limitations of fire ground PPE • Carry out correct door entry procedures

OIL POLLUTION, PREPAREDNESS, RESPONSE AND CO-OPERATION (OPRC)LEVEL 1 (FIRST RESPONDER)		
Course code	-	
Course name	OIL POLLUTION, PREPAREDNESS, RESPONSE AND CO-OPERATION (OPRC)Level 1 (FIRST RESPONDER)	
Course group	First responders	
Duration	The course is delivered over 4 full days, where classroom sessions are conducted, with practical training of basic spill response equipment used mainly for marine oil spills.	
Target group	The course is designed for First responders personnel	
Prerequisites	Candidates need to have a good understanding of English and capable to communicate using the three skills. i.e reading, writing and speaking. They need to be 17yrs of age and over.	
Objective	The course is designed for a widely defined target group of first responders. The main characteristics of staff designated as first responders are that they are able to manage and lead a smaller group of responders and that they have basic technical and communication skills. The candidate will be able to carry out on site assessment for Health & Safety, Environment sensitivities, formulate a work plan and establish a communications network between the clean-up team and the on-scene commander.	
CONTENTS	TEACHING AIDS AND CLASSROOM ARRANGEMENT	FINAL ASSESSMENT
<p>A good-sized classroom is required to accommodate students comfortably, with instructor’s table and chair, students chairs with tables, white board, easel, photocopying facilities, students course notes, flat screen for power point presentation with sound. The following will be required to conduct the basic practical demonstrations:</p> <ul style="list-style-type: none"> • Absorbent pads • Absorbent boom (20cm x 100cm) • Chemical dispersant (10cl) • Plastic transparent dish (approx. 40cm x 30cm x 30cm H) • Air inflator • Inflatable boom (small size 60cm H if available) • Rigid boom (any size available) • Shore boom • Boom bridle for towing • Hydraulic power pack • Small weir skimmer (with pump) • Small Dish skimmer (with pump) • Disposable gloves • Disposable bags • Safety equipment (PPEs) 	<p>A good-sized classroom is required to accommodate students comfortably, with instructor’s table and chair, students chairs with tables, white board, easel, photocopying facilities, students course notes, flat screen for power point presentation with sound. The following will be required to conduct the basic practical demonstrations:</p> <ul style="list-style-type: none"> • Absorbent pads • Absorbent boom (20cm x 100cm) • Chemical dispersant (10cl) • Plastic transparent dish (approx. 40cm x 30cm x 30cm H) • Air inflator • Inflatable boom (small size 60cm H if available) • Rigid boom (any size available) • Shore boom • Boom bridle for towing • Hydraulic power pack • Small weir skimmer (with pump) • Small Dish skimmer (with pump) • Disposable gloves • Disposable bags • Safety equipment (PPEs) 	<p>Assessment will be a multiple-choice question and answer. A satisfactory minimum score of 75% is required.</p>

OIL POLLUTION, PREPAREDNESS, RESPONSE AND CO-OPERATION (OPRC) LEVEL 2 (SUPERVISOR/ON-SCENE COMMANDER)	
Course code	-
Course name	Oil pollution, preparedness, response and co-operation (oprc) level 2 (supervisor/on-scene commander)
Course group	First Responders
Duration	The course is delivered over 3 full days, where classroom sessions are conducted, with practical training of basic spill response equipment used mainly for marine oil spills.
Target group	The course is designed for First responders personnel
Prerequisites	Candidates need to have a good understanding of English and capable to communicate using the three skills. i.e., Reading, writing, and speaking. They need to be in possession of previous certificate in Oil Spills namely an OPRC Level 1 as a minimum. Previous experience of oil spills as a First Responder would be beneficial.
Objective	<p>The course is designed to give participants a complete overview of oil spill response processes, with elements of theoretical and practical sessions. The purpose of this course is to train candidates to be competent and capable to supervise on the field personnel during an oil spill clean-up. The On-scene commander will be responsible for the planning and logistics of the marine operations, aviation, legal issues, public affairs, health and safety and the environment. The local community response limitations and the types of resources available to respond to an oil spill (personnel, equipment and monetary) are also taken into consideration.</p> <p>The candidate will be able to carry out on site assessment for Health & Safety, Environment sensitivities, formulate a work plan and establish a communications network between the clean-up team and the on-scene commander.</p>
Final Assessment	Assessment will be a multiple-choice question and answer, followed by a written paper with two different spill scenarios. A satisfactory minimum score of 75% is required.
<div style="display: flex; justify-content: space-between;"> <div style="width: 30%;"> <p>TEACHING AIDS AND CLASSROOM ARRANGEMENT</p> <p>A good-sized classroom is required to accommodate students comfortably, with instructor's table and chair, students chair with tables, white board, easel, photocopying facilities, students course notes, flat screen for power point presentation with sound. The following will be required to conduct the basic practical demonstrations:</p> <ul style="list-style-type: none"> • Absorbent pads • Absorbent boom (20cm) • Chemical dispersant (10cl) • Plastic transparent dish (1 approx.. 40cm x 30cm x 30cm H) • Air inflator • Inflatable boom (for deployment in the sea) • Rigid boom (any size available for deployment in the sea) • Shore boom (same size of rigid or inflatable boom to connect) • Boom bridle for towing with ropes </div> <div style="width: 35%;"> <ul style="list-style-type: none"> • Hydraulic Boom Reel / Boom cages • Wood spikes to secure shore boom for sandy shorelines • Hydraulic power pack (length of hydraulic hoses) • Small weir skimmer (with pump) • Small Dish skimmer (with pump) • Intake and discharge hoses • Disposable gloves • Disposable bags • Safety equipment (PPEs) • Small boat with outboard (in actual spills, motors with diesel engines would be safer) • Small anchors with chain or rope • Buoys • Marine communications 2-way radios (in real life, all electrical equipment including radios must be intrinsically safe (Atex)) </div> <div style="width: 30%;"> <p>FINAL ASSESSMENT</p> <p>The course consists of practical and theoretical training and knowledge of:</p> <ul style="list-style-type: none"> • Overview of Spill Response • Contingency Planning, Response Management and Organisation Sensitivity Mapping • Behaviour and Fate of an Oil Spill • Environmental and Economic Impact of Oil Spills Spill Assessment • Operations Planning • Containment, Protection and Recovery of Oil Dispersants • In Situ Burning-Optional, Shoreline Clean-Up, Site Safety, Waste Management • Media Relations, Information Gathering and Record Keeping • Liability and Compensation • Termination of Response and On-Site exercise. </div> </div>	

FIRST AID AT WORK	
Course code	OFA738
Course name	First Aid At Work
Course group	General Basic First Aid Training
Duration	3 Days
Target group	The training is appropriate for personnel requiring a first aid certificate to meet the requirements of the Health and Safety at Work Act and the Health and Safety (First Aid) regulations.
Prerequisites	No prior training is required by delegates attending this training course
Objective	The course consists of a combination of theory and practical training modules based on the HSE first aid at work requirements. Delegates will be assessed against the learning outcomes by oral and practical examination or by written and practical examination.
Contents	<p>Understand the role of the first aider including reference to:</p> <ul style="list-style-type: none"> • the importance of preventing cross infection • the need for recording incidents and actions • use of available equipment <p>Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency.</p> <p>Administer first aid to a casualty who is unconscious (including seizure).</p> <p>Administer cardiopulmonary resuscitation Administer first aid to a casualty who is:</p> <ul style="list-style-type: none"> • choking • wounded and bleeding • suffering from shock <p>Provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns, scalds, small splinters)</p> <p>Administer first aid to a casualty with:</p> <ul style="list-style-type: none"> • injuries to bones, muscles and joints, including suspected spinal injuries • chest injuries • burns and scalds • eye injuries • sudden poisoning • anaphylactic shock <p>Recognise the presence of major illness and provide appropriate first aid (including heart attack, stroke, epilepsy, asthma, diabetes)</p>

FURTHER OFFSHORE EMERGENCY TRAINING (BOSIET REFRESHER)	
Course code	OBS701
Course name	Further Offshore Emergency Training (BOSIET Refresher) OPITO
Course group	General basic safety and emergency training
Duration	1 Days
Target group	The course is designed for personnel intending to work on an offshore installation and forms part of a common Offshore Safety Induction process.
Prerequisites	A valid BOSIET certificate is required to attend this training programme.
Objective	To provide delegates with a basic level of understanding and awareness of safety and emergency response on offshore installations. Delegates will be required to demonstrate their skills and a level of knowledge and understanding of key areas, as defined in the OPITO Standard for Basic Offshore Safety Induction & Emergency Training.
Contents	The course focuses on the following elements: - Safety Induction - Helicopter Safety & Escape - Sea Survival - Fire Fighting and Self Rescue - EBS

FURTHER OFFSHORE EMERGENCY RESPONSE TEAM MEMBER (FOERTM)	
Course code	4550
Course name	Further Offshore Emergency Response Team Member Training (OPITO) FOERTM
Course group	Fire Fighting and prevention - non professional fire fighters
Duration	2 Days
Target group	The target group for the OERTM Further Training are existing offshore emergency team members that are required to revalidate their OPITO OERTM certification by completing training scenarios which they are unable undertake offshore.
Prerequisites	Delegates must possess any one of the following: (a) A valid OPITO Offshore Emergency Response Team Member certificate (b) A valid OPITO OERTM Further Training certificate
Objective	The aim and objectives of the OERTM Further Training are to allow Offshore Emergency Response Team Member delegates to practice and be assessed on live fire exercises which they would not be able to conduct in the workplace.
Contents	Selecting and using mobile firefighting equipment to extinguish fires Selecting and using portable firefighting equipment to extinguish fires Selecting and using foam equipment to extinguish a fire and/or secure an area Donning, operating, wearer checking and using working duration breathing apparatus during firefighting and rescue operations Search for, and rescue casualties 6 Establishing and maintaining effective communications and operating communications equipment.

H2S inclusive of BA	
Course code	OSP708
Course name	H2S inclusive of BA
Course group	Biological & Chemical exposure - fighting and prevention
Duration	1 Days
Target group	To equip all personnel who perform activities on a location where Hydrogen Sulphide may be encountered, with the necessary training to perform their duties in a safe manner, and to give delegates an introduction into practical Breathing Apparatus wearing and operation procedures including rescue techniques.
Prerequisites	No prerequisite training is required.
Objective	<p>The training programme aims to equip the Delegate with theoretical and practical knowledge and understanding of Hydrogen Sulphide, its properties and characteristics, safety precautions, equipment, detection and first aid control measures of this Hazardous substance.</p> <p>The BA element consists of practical BA wearing and operating procedures including rescue techniques and rescue breathing.</p>
Contents	<ul style="list-style-type: none"> Delegates will gain theoretical and practical knowledge on Introduction What is H2S Where to find H2S Properties & characteristics Safety Precautions Escape Equipment First Aid Detection Practical BA wearing & Procedures Rescue Techniques Rescue Breathing Review

HELICOPTER FIRE FIGHTING (HFF)	
Course code	OFI764
Course name	Helicopter Fire Fighting Training (HFF)
Course group	General Basic safety and emergency training
Duration	2 Days
Target group	The course is designed for personnel who are designated as Helicopter fire team member The course focuses on fire and emergency response to an helicopter incident.
Prerequisites	The no prerequisites for the course.
Objective	On successful completion of this course delegates will have a greater knowledge and understanding Practical training in helicopter fire-fighting and rescue actions.
Contents	<p>The course consists of practical and theoretical training and knowledge of;</p> <ul style="list-style-type: none"> • Chemistry of fire • Firefighting agents • Helicopter crash fire fighting • Personal Protective equipment • Breathing apparatus • Portable and semi-portable extinguishers • Hose handling/Foam making appliances • Theory of firefighting and risk during helicopter operations (landing / take off). • The performance of firefighting and the rescue actions on the helicopter deck. • Efficient extinguishing of helicopter fire and the rescue of persons. • Use of monitors, fire hoses and portable extinguishers. • Rescuing crew and passengers from a burning helicopter.

HELICOPTER LANDING OFFICER (HLO)	
Course code	OBS719
Course name	Helicopter Landing Officer Training
Course group	Specialist Emergency Response
Duration	2days / 2 years
Target group	The HLO is designed for all personnel identified to be designated as Helicopter Landing Officer (HLO).
Prerequisites	Helideck Assistance (HDA) and Helideck Team Member (HTM) are necessary pre-requisites. However, it is recommended that delegates attend the Radio Operator Course prior to the HLO course as radio knowledge will be an added advantage
Objective	The aim and objectives of the Helicopter Landing Officer Training Program are to equip the delegate with the knowledge, understanding and skills required to perform the role of Offshore Helicopter Landing Officer (HLO) safely and effective
Contents	<ul style="list-style-type: none"> • Offshore Helideck Regulations and Guidelines • Helideck Recognition • Freight, Baggage and Passenger Loading • Preparation for Landing/Take-Off • Helicopter Refuelling • Emergency Response

HELIDECK TEAM MEMBER TRAINING	
Course code	OFI731
Course name	Helideck Team Member Training
Course group	Fire Fighting and prevention - nonprofessional fire fighters
Duration	4 Days
Target group	This course is designed to meet the initial live practice onshore training and assessment requirements for Offshore Emergency Helideck Team Members as identified in the UKOOA Guidelines for Competence and Training in Emergency Response, to enable them to join offshore Emergency Response Teams for installation-specific duties, training and development.
Prerequisites	Possession of valid Helideck Assistant Certificate.
Objective	The course consists of theoretical input and practical exercises developed to measure competence relating to the key learning outcomes of International standards for Emergency Helideck Team Member initial training. Theory input 25% Practical exercises 75% Delegates will be assessed against the defined training outcomes of the current International standards.
Contents	The course consists of practical and theoretical training and knowledge of <ul style="list-style-type: none"> • Offshore fire/emergency response arrangements • The role of the Emergency Helideck Team Member Helicopter operational hazards • Helideck helicopter emergency systems & controls • Measures to minimize damage • Arrangements to restore helideck emergency equipment to operational status • Use of best working practices and procedures • Selection and use of equipment • Extinguishing a fire and/or securing an area • Locating missing personnel • Handling and removing casualties

HELICOPTER UNDERWATER ESCAPE TRAINING (HUET) OPITO	
Course code	OSE703
Course name	Helicopter Underwater Escape Training
Course group	Evacuation from helicopter or aircraft to sea and sea survival
Duration	1 Days
Target group	This OPITO approved training is designed to meet the requirements of personnel travelling offshore by helicopter as defined by the UKOOA Guidelines for Competence and Training in Emergency Response.
Prerequisites	There are no pre requisites for attending this training programme.
Objective	The course consists of theoretical and practical training in Helicopter Safety and Escape as taught in the Basic Offshore Safety Induction and Emergency Training standard (BOSIET), and includes training in Emergency Breathing Systems (EBS) equipment. Theory 10% Practical 90%
Contents	The course focuses on the following elements: <ul style="list-style-type: none"> • Helicopter Safety & Escape • Pre boarding • Safe boarding • In flight safety • Safe disembarkation • In flight emergency actions • Use of Emergency Breathing System equipment • Practical Emergency escape Breathing System training • Practical emergency ditching and escape training

INTERNATIONAL MINIMUM INDUSTRY SAFETY TRAINING (IMIST) OPITO	
Course code	-
Course name	International Minimum Industry Safety Training
Course group	General basic safety training
Duration	1 Day/ 4 years
Target group	IMIST OPITO is a course designed to enable experienced workers to demonstrate their knowledge and awareness of the necessary safety standards in the industry to avoid risks and incidents.
Prerequisites	There are no pre- requisites for attending this training programme.
Objective	To provide delegates with a new global standard for HSE training providing a comprehensive and consistent level of training thereby enhancing work force training and compliance.
Contents	The course focuses on the following elements: <ul style="list-style-type: none"> - Introduction to the Hazardous Environment - Working Safely (Safety Observations Systems) - Risk Assessment - Permit to work (also called Control of Work) - Manual Handling - Controlling the use Hazardous Substances - Working at Height - Mechanical Lifting

INCIDENT COMMAND AND CONTROL TRAINING	
Course code	-
Course name	Incident Command and Control Training
Course group	Emergency Response
Duration	3 Day / 2 Years
Target group	<p>This training is intended for personnel deployed as emergency response team leaders. It is also for dedicated Fire Men and Fire Officers in the industries or companies especially those who are considered for potential leadership positions.</p> <p>This training will also benefit supervisors of companies/industries who oversee emergency response teams.</p>
Prerequisites	Delegates attending this course must have emergency response background and be able to know what to do during any emergency situation .
Objective	To ensure the delegate understand the safe and effective ideal structure for dealing with any emergency through effective command, control, co-ordination/collaboration and communication.
Contents	<ul style="list-style-type: none"> • ICS history and the essential requirement • ICS today and it meaning • Leadership • Incident ground Organisation • Manageable span of control and Terminology • Integrated Communication and command structure • ICS Five Major Management Function • Frame work of command (Strategic, Tactical and Operational) • When to go Offensive, Defensive and Transitional • ICS Benefit • Risk Assessment Management • Response (Incident Levels Response Plan) • Assessing Situation • PRACTICAL (Table Talk) TO THEORY RATIO OF <p>THIS COURSE IS 30% TO 70%</p>

ROPE ACCESS TECHNICIAN – IRATA LEVEL 1	
Course code	-
Course name	Rope Access Technician- IRATA level 1
Course group	Skills Development Training
Duration	5 Days
Class Size	Minimum of 6 delegates; Maximum of 6 delegates
Target group	This course is designed to provide persons who wish to work as rope access subcontractors; to work under the supervision of IRATA level 3 supervisors.
Prerequisites	No prior training is required to attend this training programme.
Objective	To provide participants with entry level knowledge for industrial rope access work, and provide basic grounding in the skills and knowledge required for this type of work at height.
Contents	<p>The course focuses on the following elements:</p> <ul style="list-style-type: none"> • IRATA syllabus and certification scheme Legislation, guidelines and standards • Awareness of risk assessment and safety method statement • Permit to work systems • Exclusion zones • Working practices and worksite organization Categories of PPE • Hazardous substances • Anchor types and system • Angle loading • Awareness of fall factors • Hauling system • Suspension trauma • Casualty management <p>Practical skills</p> <ul style="list-style-type: none"> • Assembly, fitting and checking of PPE • Rigging stills • Manoeuvres • Recue/Hauling

ROPE ACCESS TECHNICIAN – IRATA LEVEL 2	
Course code	-
Course name	Rope Access Technician- IRATA level 2
Course group	Skills Development Training
Duration	5 Days
Class Size	Minimum of 6 delegates; Maximum of 6 delegates
Target group	This course is designed to provide persons who have IRATA level 1 and additional work experience.
Prerequisites	Candidate must be an IRATA level 1 technician with minimum of 12 months working experience.
Objective	To provide participants with intermediate level knowledge for rigging working ropes, safety requirements and quality assurance procedures relating to rope access
Contents	<p>The course focuses on the following elements: Tension lines, Work restraint, Horizontal lifelines, Anchorage selection, Team work, Communication Equipment and Rigging:</p> <p>All sections equipment and rigging covered in level 1 White "Y" hang, re-belay, deviation Rope and sling protection</p> <p>Pull-through, work-restraint and horizontal lifelines Tensioned ropes Practical skills Rescue/Hauling</p>
*Please NOTE that additional 2 days for travel is required for trainings delivered at client's location.	

ROPE ACCESS TECHNICIAN – IRATA LEVEL 3	
Course code	-
Course name	Rope Access Technician- IRATA level 3
Course group	Skills Development Training
Duration	5 Days
Class Size	Minimum of 6 delegates; Maximum of 6 delegates
Target group	This course is designed for supervisors of wide range of worksites.
Prerequisites	Candidate must be an IRATA level 2 technician with minimum of 12 months working experience.
Objective	To provide participants with advanced level knowledge for site supervision for rope access work projects and comprehensive knowledge of advanced rescue techniques.
Contents	<p>The course focuses on the following elements:</p> <ul style="list-style-type: none"> • Level 1 and 2 theory sections • Risk assessment and method statement Equipment inspection • Management and records • Rescue management • Assessment of alternatives to lead climbing and where lead climbing is a valid safe option • Writing method statement for lead climbing in a particular situation • Equipment and Rigging: <ul style="list-style-type: none"> • All sections equipment and rigging covered in level 1 • White "Y" hang, re-belay, deviation • Rope and sling protection • Pull-through, work-restraint and horizontal lifelines Tensioned ropes • Practical skills • All techniques from level 1 and 2 <p>Rescue/Hauling:</p> <ul style="list-style-type: none"> • Advanced rescue, Tensioned ropes, short links, Descent passing knots, break into tight knots, large re-belay
*Please NOTE that additional 2 days for travel is required for trainings delivered at client's location.	

MANAGEMENT OF MAJOR EMERGENCIES TRAINING	
Course code	OER713
Course name	Management of Major Emergencies Training
Course group	Crisis Management - for on scene commanders and operational decision makers
Duration	4 Days
Target group	This course is designed to provide persons with responsibility for managing and controlling emergencies an opportunity to practice such operations and processes in a controlled manner. The sessions can be conducted using a generic offshore platform or tailored to specific company or personnel employed on different types of Installations.
Prerequisites	No prior training achievement required.
Objective	To provide persons with responsibility for managing and controlling emergencies an opportunity to practice such operations and processes in a controlled manner. The training will expose candidates to emergency scenarios that can be designed around their actual installations operation and Emergency Response Procedures.
Contents	<p>The course focuses on the following elements:</p> <ul style="list-style-type: none"> • Maintain a State of Readiness Assess Situation and Take Effective Action • Maintain Communications • Delegate Authority to Act • Manage Individual and Team Performance • Deal with Stress in Self and Others <p>At the end of the Course attendees will be able to: Demonstrate an improved understanding of the relevant OPITO standard, particularly in the areas of:</p> <ul style="list-style-type: none"> • Escalation Shutdown facilities Procedures • Planning, • Assertiveness • Options on available resources • Validation of data Public Address • Use of Drawings Communication with Agencies • Escape routes • Boundaries

OFFSHORE EMERGENCY RESPONSE TEAM LEADER (OPITO)	
Course code	OFI710
Course name	Offshore Emergency Response Team Leader Training
Course group	Fire Fighting and prevention - nonprofessional fire fighters
Duration	4 Days/ 2 Years
Target group	This course is designed to meet the initial live practice onshore training and assessment requirements for Offshore Emergency Response Team Leaders as identified in the UKOOA Guidelines for Competence and Training in Emergency Response, to enable them to join and lead offshore Emergency Response Teams for installation-specific duties, training and development.
Prerequisites	Delegates must have previously attended Basic offshore Safety Induction & Emergency Training or Further Offshore Emergency Training, and Offshore Emergency Response Team Member or a suitable alternative programme.
Objective	The course consists of theoretical input and practical exercises developed to measure competence relating to the key learning outcomes of the OPITO standard for Emergency Response Team Leader initial training. Theory input 20% Practical exercises 80%
Contents	The course consists of practical and theoretical training and knowledge of: <ul style="list-style-type: none"> • The role of the Fire Team Leader • Offshore emergency response activities • The requirement to initiate servicing of equipment and to replenish stocks • Maintaining communications • Allocating and confirming the team's duties and tasks Monitoring the team's progress; evaluating, adjusting and communicating the response plan • Monitoring stress in self and others Debriefing the team.

OFFSHORE EMERGENCY RESPONSE TEAM MEMBER (OERTM)	
Course code	OFI709
Course name	Offshore Emergency Response Team Member Training (OPITO)
Course group	Fire Fighting and prevention - non professional fire fighters
Duration	5 Days
Target group	This OPITO approved programme is designed to meet the initial onshore training and assessment requirements for the Offshore Emergency Response Team Members, as identified in the UK Oil and Gas guidelines for Competence and Training in Emergency response, to enable them to join off-shore Emergency response Teams for further installation-specific training and Development.
Prerequisites	Delegates must have previously attended Basic offshore Safety Induction & Emergency Training or Further Offshore Emergency Training, or a suitable alternative programme to attend initial training. And be in possession of a current offshore Medical certificate.
Objective	The course consists of theoretical input and practical exercises developed to measure competence relating to the key learning outcomes of the OPITO standard for Emergency Response Team Member initial training. Theory input 25% Practical exercises 75%
Contents	<ul style="list-style-type: none"> • The course consists of practical and theoretical training and knowledge of: • Offshore fire/emergency response arrangements • The role of the Emergency Response Team Member • Incident planning and monitoring activities • Operation of fixed fire systems • Emergency Response Team Operations when dealing with non-fire incidents • Preparing to enter, and gaining access to the incident area • Using best working practices and procedures • Locating missing personnel • Handling and removing casualties • Selecting and using portable fire-fighting equipment • Selecting, operating and flushing foam fire-fighting equipment • Extinguish a fire and/or securing an area • Conducting and controlling breathing apparatus operations • Minimising damage to property • Maintaining communications

OIM CONTROLLING EMERGENCIES	
Course code	OER 780
Course name	OIM Controlling Emergencies
Course group	Emergency Response
Duration	Dependent on Requirement/3 years
Target group	Personnel who have command responsibility, including nominated deputies and reliefs
Prerequisites	Delegates must provide a completed element 1.1 at the start of the assessment process. The required element 1.1 will be sent out with the joining instructions. It is also recommended that delegates have already completed a four-day Major Emergency Management Initial Response course or similar.
Objective	This course is designed to assess delegates' competency in controlling emergencies. Assessment is based on performance during three scenarios, undertaken in a purpose-built simulator, which replicates the main features of the delegate's own installation.
Contents	In accordance with OPITO standard, a minimum of three scenarios will be undertaken, based upon a major incident chosen from the following Well Control Incident <ul style="list-style-type: none"> • Explosion and fire • Accommodation fire • Helicopter incident • Pipeline incident • Collision or wave damage causing structural collapse • Loss of stability (Mobile installations)

ONSHORE EMERGENCY RESPONSE TEAM MEMBER	
Course code	OFI745
Course name	Fire Team Member Training
Course group	Fire Fighting and Prevention – non-professional fire fighters
Duration	5 Days
Target group	This course is designed to meet the initial live practice onshore training and assessment requirements for Emergency Response. Team Members as identified for Competence and Training in Emergency Response.
Prerequisites	Each delegate must have knowledge of Basic Fire Fighting Techniques.
Objective	<p>To provide delegates with a basic level of understanding and awareness of safety and emergency response on offshore installations.</p> <p>Delegates will be required to demonstrate their skills and a level of knowledge and understanding of key areas, as defined in the OPITO standard for Basic Offshore Safety Induction & Emergency Training.</p>
Contents	<p>The course consists of practical and theoretical training and knowledge of:</p> <ul style="list-style-type: none"> • Theory of Combustion/Extinguishers Teamwork & Communications • PPE Awareness • Practical use of Extinguishers • Hose Management • Foam and Foam Making Equipment • Breathing Apparatus Awareness • Search & Rescue • Internal Fire Fighting, Heat and Humidity Stretchers & Casualty Handling/ DRABC • Fixed detection/protection • Pressure vessels/Closed Containers • Permit to Work and Confined space discussion

RIGGER TRAINING STAGE 1	
Course code	-
Course name	Rigger Training Stage 1
Course group	Fork Lift, Cranes and other Lifting Appliances
Duration	3 Days
Target group	The purpose of this training course is to provide delegates with a series of explanations and demonstrations, which will identify what they are, expected to know and do when involved in Rigging and Lifting Operations. This is followed by numerous practical exercises, which allows delegates to be assessed by experienced instructors and assessors. An individual assessment to determine learning outcomes and competency will be prepared for each delegate.
Prerequisites	No prior training is required to attend this training programme.
Objective	The aim of this course is to deem candidates competent according to the OPITO standard and to begin the second stage of their training in the workplace under supervision
Contents	<ul style="list-style-type: none"> • Provide an understanding of initial planning • Attaching/detaching and securing loads • Environmental considerations • Proximity hazards • De-rating of equipment • Pre use equipment checks • Thorough examination and inspection • Preparation of a lifting plan • Sling angles • Effects of angles & tensions • Delegates will work in teams to examine lifting machinery and accessories then plan and undertake routine rigging tasks. Including cross-hauling methods. • Delegates will work in teams undertake various Complex rigging tasks. • Delegates will be required to individually plan given rigging tasks assessed on their knowledge and skills learned.
Note	The duration of this course is Three (3) days. The course consists of approximately 30% theory and 70% practical sessions
<i>*Please NOTE we require a minimum of 12 delegates to complete a class.</i>	

RIGGER TRAINING STAGE 2	
Course code	-
Course name	Rigger Training Stage 2
Course group	Fork Lift, Cranes and other Lifting Appliances
Duration	3 Days
Target group	The target group for Stage 2 is personnel that have successfully completed OPITO Stage 1 Initial Rigger Training and wish to gain the relevant supervised workplace experience that would enable them to undertake the OPITO Rigger Stage 3 competence assessment.
Prerequisites	Candidates for Stage 2 require a valid OPITO-approved Stage 1 Rigger Training Certificate
Objective	The aim of this course is to deem candidates competent according to the OPITO standard and to begin the second stage of their training in the workplace under supervision, on completion of stage 1 a rigger stage 2 logbook will be issued to a successful learner, for the learner to become eligible to take the OPITO Rigger Competence Assessment, a fully completed and valid Rigger Workplace Experience Logbook must be presented to the OPITO-approved Centre that is conducting the assessment, within two years from the completion date shown on the OPITO Rigger Initial Training Certificate, along with supporting evidence for each of the 10 tasks, such as a copy of the permit or toolbox talks.
Content	<p>The learner must undertake the following rigging and lifting tasks:</p> <ol style="list-style-type: none"> 1. Follow an *approved lifting plan and risk assessment and obtain and rig up all lifting equipment and lifting accessories required for the lifting operation - on five separate dates. 2. Conduct pre-use inspections on all lifting equipment and lifting accessories required to carry out the lifting operation and report any defects found in the correct manner - on five separate dates. 3. Determine the weight of the load accurately, and plan the route, final position and orientation of the load on five separate dates. 4. Perform cross hauling lifting operations on five separate dates 5. Lift, move, lower and land a load with an offset centre of gravity (unbalanced load) - on five separate dates. 6. Perform a restricted access lift which can be restricted headroom, confined surrounding area, tight (less than 200mm clear space) installation / removal route on five separate dates. 7. Contribute to the development of a lifting plan and risk assessment and have them approved - on five separate dates. 8. Position the load in the required location and in the correct orientation - on five separate dates. 9. De-rig the lifting equipment and lifting accessories - on five separate dates. 10. Undertake post-use inspections on the lifting equipment and lifting accessories, return them to the rigging loft and report any defects found - on five separate dates.
Please Note	The duration of this course is Three (3) days. The course consists of approximately assessment practical sessions
*Please NOTE we require a minimum of 8 delegates to complete a class.	

RADIO TELEPHONY	
Course code	OER790
Course name	Radio Telephony Training
Course group	Emergency Management Training
Duration	2 Days
Target group	Ground Operations Personnel (and/or Fire Fighting Team) to carry out the functions of Radio Operator
Prerequisites	No Prerequisite is required
Objective	To build a safety team that will safeguard the Helidecks & Helipads.
Contents	<ul style="list-style-type: none"> • Communications & Modes and Types of Communications • Components of Communications • Information Processing: Coding and De-coding • Historical Background of Radio Telephone Technology • Recent Development Technology in Radio Telephone Technology • Components of Radio Telephone • Aviation Radio Telephony Techniques & 2 Way Radio Contacts • HF/Base/UHF Radios • Frequency allocation and selection • Restricted Aeronautical Radio Telephone Services • Practical Aviation Radio Telephone Phraseology • Aerodrome Radio, Radar, General and Emergency Phraseology • Radio Telephony Licensing and ICAO Rules and requirement of Licensing

RESCUE FROM HEIGHT	
Course code	OSP772
Course name	Rescue from Height Training
Course group	Emergency Response Training
Duration	1 Day / 2 Years
Target group	This training is intended for personnel with the responsibility to perform basic rescue from height.
Prerequisites	Participants are expected to have knowledge on safe work systems.
Objective	The aims and objectives of this training is to equip the delegate with the necessary knowledge, understanding and skills to perform the role of Rescue from Height.
Contents	<p>The course focuses on:</p> <ul style="list-style-type: none"> • Legislative and safe working practices • Hazards associated with rescues from height • Control measures • Techniques for rescues from height • Types of rescue equipment available • Practical exercises incorporating rescue from height and the use of equipment assembling and deployment. • Emergency scenarios of rescue requirements of casualties.

RIGGERS TRAINING (API RP 2D)	
Course code	-
Course name	Riggers Course API RP 2D
Course group	Fork Lift, Cranes and other Lifting Appliances
Duration	3 Days
Target group	The purpose of this training course is to provide delegates with a series of explanations and demonstrations, which will identify what they are, expected to know and do when involved in Rigging and Lifting Operations. This is followed by numerous practical exercises, which allows delegates to be assessed by experienced instructors and assessors. An individual assessment to determine learning outcomes and competency will be prepared for each delegate.
Prerequisites	No prior training is required to attend this training program.
Objective	The aim of this course is to deem candidates competent according to the required standard for rigging and slinging of equipment for lifting in compliance with API RP 2D.
Contents	<ul style="list-style-type: none"> • Lifting operation applicable regulation OSHA, LOLER, HASAWA, PUWER, DPR protocol, Nigeria Oil & Mineral Regulation • Lifting operation applicable standard API, ASME, BSI, BS EN • Terminology use in lifting SWL, WLL, Colour Code, PLT, Factor of Safety, Head room, HOL • Provide understanding of initial planning of lift • Requirement of a riggers • Load Handling • Different hitches of lifting gears • Sling angle (Vertical incline angle and Horizontal angle) • Attaching and detaching of lifting gears • Signalling (Hand and radio) • Rigging Equipment Inspection Shackle, Eye bolt, • Hooks, Chain block, Lever hoist, Jaw winch, Jacks, • Fibra rope, Wire rope, rigging screw, tiford etc. • Types of lift (Simple, Routine, Non Routine, Complicated and Complex) • Completing a safe lift • Load Establishment • Calculating the weight of unknow load • Operating standard for lifting operation
Note	The course consists of approximately 30% theory and 70% practical sessions
*Please NOTE we require a minimum of 12 delegates to complete a class.	

STCW (MANILA 2010) ADVANCED FIRE FIGHTING TRAINING COURSE	
Course code	OFI712
Course name	STCW(Manila 2010) Advanced Fire Fighting Training Course
Course group	Seafarers who have completed basic training in fire prevention requirements of IMO and NIMASA approved training courses to meet with the STCW manila 2010 regulation as amended under chapter VI, section A- VI/3 and table A-VI/3.
Duration	5 days/5 years
Target group	For seafarer that have acquired a knowledge of firefighting prevention and an ability to inspect and service fire detection and extinguishing systems and equipment. Also, can investigate and report on incidents involving fire.
Prerequisites	The course is open to seafarers who have completed basic training in fire prevention. All trainees must be certified by a doctor to be in good health.
Objective	The object of the training is to deliver all required elements of STCW Advance Fire Fighting Training delivered in both theoretical and practical in accordance with section A-VI/3 of the STCW code. The emphasis of the training is in organization, tactics and command.
Contents	<p>Delegates will undergo practical and theoretical instruction and assessment in the following 5 modules.</p> <ul style="list-style-type: none"> • Competence for day 1: Control fire-fighting operations aboard ship • Knowledge, understanding and proficiency and practical exercise • Introduction, safety and principles • Areas of fire hazards • Fire precautions • Dry distillation • Chemical reactions • Boiler uptake fires and exhaust fires in primemovers and auxiliary exhausts • Fires in water-tube boilers • Tactics and procedure of fire control while ship is at sea • Tactics and procedure of fire control while ship is in port • Tactics and procedure of fire control while ship is carrying dangerous goods • Tactics and procedure of fire control for oil,chemical and gas tanker • Use of water for fire extinguishing, the effect on stability, precautions and corrective procedures • Communication and co-ordination during fire-fighting operation • Ventilation control including smoke extractor • Control of fuel and electrical systems Fire precaution and hazards associated with the <ul style="list-style-type: none"> • storage and handling of materials (paints etc.) • Management and control of injured persons • Procedures for co-ordination with shore-based fire fighting • Competence for day 2: Organize and train fire parties • Knowledge, understanding and proficiency and practical exercise • Preparation of contingency plans • Composition and allocation of personnel to fire parties • Training of seafarers in fire-fighting • Fire control plans • Organization of fire and abandon ship drills • Strategies and tactics for control of fire in various parts of the ship • Competence for day 3: Inspect and service fire detection and extinguishing systems and equipment • Fire alarms • Fire detection equipment • Fixed fire-extinguishing equipment • Fire main, hydrants, hoses, nozzles and pumps • Portable and mobile fire extinguishing equipment including appliances <ul style="list-style-type: none"> • Firefighter’s outfit and another personal protective equipment • Rescue and life support equipment • Salvage equipment • Communication equipment • Requirements for statutory and classification surveys • Competence 4: Investigate and compile reports on incidents involving fire • Knowledge, understanding and proficiency and practical exercise • Fire investigation and reporting • Trainee’s experience of fire on ships • Documented reports of fires on ships and lessons-learned • Review and Assessment • Competence 5: Investigate and compile reports on incidents involving fire • Knowledge, understanding and proficiency and practical exercise • Fire investigation and reporting • Trainee’s experience of fire on ships • Documented reports of fires on ships and lessons learned • Review and Assessment

STCW PERSONAL SAFETY AND SOCIAL RESPONSIBILITIES	
Course code	-
Course name	Personal Safety and Social Responsibilities
Course group	Intended for seafarers to meet the requirements set out in section A-V1/1 of the code for training in Personal Safety and Social Responsibilities.
Duration	1 day/ 5 years
Target group	All Seafarers
Prerequisites	No prerequisites for attending this training.
Objective	The objective of this training is to give all persons intending to go to sea a basic induction in safety procedures and accident prevention and to familiarize them with the employment and working environment on board merchant vessels. The training is delivered theoretically and by engaging delegates in discussion and debate on safety related topics.
Contents	Candidates will demonstrate knowledge of: <ul style="list-style-type: none">• Compliance with emergency procedures• Take precautions to prevent pollution of the marine environment• Observe Safe working practices• Understand orders and be understood in relation to shipboard duties• Contribute to effective human relationships onboard ship

STCW MEDICAL CARE ONBOARD SHIP	
Course code	-
Course name	Medical Care Onboard Ship
Course group	General basic safety and emergency training
Duration	5 days/5 years
Target group	<p>The Medical Care is required for Master and Chief Mates which serve as a general competency required for those who provide the Medical Care on board under regulation 11/2.</p> <p>The competence required in Table 11 /2 is limited to manage the provision of Medical Care on board, Master and Mates who themselves provide the Medical Care on board must therefore meet the higher standard in Table VI /4 – 2, and 4 - 6</p>
Prerequisites	Delegate should have successfully completed training in Medical First Aid on board ship, such as specified in the IMO Model Course 1. 14 Medical First Aid.
Objective	This course covers the requirements of the 2010 transition STCW convention Chapter VI, section A – VI/4, Table A – VI/4. 4 - 6. On meeting the minimum standard of competence in Medical Care, the seafarers will be competent to participate effectively in coordinated schemes for medical assistance on ships at sea and to provide the sick or injured with satisfactory standard of Medical Care while remain on board.
Contents	<p>Delegates will undergo practical and theoretical instruction and assessment in the following modules:</p> <ul style="list-style-type: none"> • First Aid Revision • Care of Casualties • Aspect of Nursing • Diseases • Alcohol and Drug Abuse • Dental Care • Gynecology and Pregnancy • Medical Care of Rescued Person, including Distress • Hypothermia and cold Exposure • Death at Sea • Environmental Control on Board Ship • Diseases Prevention • Keeping of Records • Medicines and Medical Equipment • Surgical Equipment Instrument and Supplies

BASIC SAFETY TRAINING (STCW MANILA 2010)	
Course code	MBS735
Course name	Basic Safety Training (STCW Manila 2010)
Course group	General basic safety and emergency training
Duration	5 days
Target group	<p>This combination of MCA approved training courses is intended to meet the provision and Basic Safety Training for all seafarers, as required in section A-VI/1 of the STCW code, to meet the specified standards of competence. Training consists of four modules delivered over five days and meets the STCW code and elements 121.3 of unit 121, 121.4 of unit 121 and 121.1/121.2 of unit 121.</p> <p>The training programme also meets the requirements of the Norwegian NMD and IMO STCW standards.</p>
Prerequisites	Prior experience is not required for those embarking on this training other than a minimum age of 16.
Objective	The aim of the training is to deliver all required elements of STCW Basic Safety Training delivered in both theoretical and practical modules, each training element will be assessed by qualified assessors to meet the competence requirements of the STCW code. Course structures and contents can be found on individual STCW training course descriptors.
Contents	<p>Delegates will undergo practical and theoretical instruction and assessment in the following modules.</p> <ul style="list-style-type: none"> • Personal Survival Techniques • Personal Safety and Social Responsibilities • Elementary First Aid • Fire Prevention and Fire-Fighting

AUTHORISED GAS TESTER (AGT) ONLINE TRAINING (OPITO)	
Course code	-
Course name	Authorised Gas Tester
Course group	General basic safety and emergency training
Duration	1day/ 2 Years
Target group	For personnel who are required to perform a test for oxygen, flammable and toxic gases up to and including working in confined spaces. Those undertaking this training will be assessed against all of AGT 1
Prerequisites	The no prerequisites for this course.
Objective	This course is primarily theory based, and is online.
Contents	Selection, care and use of PPE for gas testing <ul style="list-style-type: none"> • Types of fixed, portable and personal monitors • Statutory requirements (HASAWA, Confined Space Regulations, ACOP) • Implications of EH40 document (Workplace Exposure Limits) • Hazards associated with toxic, flammable and oxygen deficient/enriched atmospheres • Working with permits, ICCs and entry certificates • Behaviour of different gases • Principals of gas testing in confined spaces • Range and frequency of tests and acceptable limits • How to document results and advise relevant personnel

SURVIVAL AT SEA	
Course code	MSE737
Course name	Survival at Sea Training
Course group	General Basic safety and Emergency Training
Duration	1 Day
Target group	The course is designed for personnel intending to work on an Offshore/Marine installation.
Prerequisites	No prior training is required.
Objective	During the course participants will gain a basic level of understanding and awareness of evacuation /escape and practical use of life-saving appliances.
Contents	The course focuses on the following elements: <ul style="list-style-type: none">- Preparation for sea survival- Survival Techniques- Medical aspects of sea survival- Search and Rescue Techniques- Lifejackets and Life rafts

SWIMMING AND WATER SURVIVAL TRAINING	
Course code	BST 101
Course name	Swimming and Water Survival Training(SWST)
Course group	Professional and Non-Professional
Duration	5 Days Morning/Afternoon session
Specificity	8 Hours including Theory/Practical (class room discussion 1hrs 30min)
Maximum delegates per group	20 delegates
Target group	Oil & Gas industry personnel, Maritime Industry, seafarers, Schools and Colleges students at all levels
Prerequisites	Delegates must be physically and Medically fit, ability to swim is not a prerequisite.
Objective	<ul style="list-style-type: none"> - To train delegates in the use of appropriate in water personal survival skills while in a distress situation at sea or inland water ways - The course consists of theoretical input and practical exercise developed to assess competence relating to the key learning outcomes of the FPA specifically designed course aims and objectives to achieve the water safety requirement for survival swimming.
Contents	<ul style="list-style-type: none"> - Introduction to survival swimming - Personal survival and lifesaving swimming skills and techniques - Basic swimming strokes /casualty recovery from water - Survival strokes and personal skills - Drowning/Causes of Drowning accidents - Fundamentals of water safety/in-water casualty towing - Water treading technique/rescue - Survival Swimming - Practical/Assessment

TROPICAL BASIC OFFSHORE SAFETY INDUCTION AND EMERGENCY TRAINING TBOSIET (OPITO)	
Course code	OBS728
Course name	Tropical Basic Offshore Safety Induction and Emergency Response Training TBOSIET
Course group	General Basic safety and Emergency Training
Duration	3 Days
Target group	The course is designed for personnel intending to work on an offshore installation in the Tropical region and forms part of a common Offshore Safety Induction process.
Prerequisites	No prior training is required to attend this training programme.
Objective	To provide delegates with a basic level of understanding and awareness of safety and emergency response on offshore installations. Delegates will be required to demonstrate their skills and a level of knowledge and understanding of key areas, as defined in the OPITO Standard for Tropical Basic Offshore Safety Induction & Emergency Training.
Contents	The course focuses on the following elements: <ul style="list-style-type: none"> - Safety Induction - Helicopter Safety & Escape (without the use of EBS) - Sea Survival - Fire Fighting and Self Rescue

TROPICAL FURTHER OFFSHORE EMERGENCY TRAINING (TBOSIET REFRESHER)	
Course code	OBS701
Course name	Tropical Further Offshore Emergency Training (TBOSIET Refresher) OPITO
Course group	General basic safety and emergency training
Duration	1 Day
Target group	The course is designed for personnel intending to work on an offshore installation and forms part of a common Offshore Safety Induction process.
Prerequisites	A valid TBOSIET certificate is required to attend this training programme.
Objective	To provide delegates with a basic level of understanding and awareness of safety and emergency response on offshore installations. Delegates will be required to demonstrate their skills and a level of knowledge and understanding of key areas, as defined in the OPITO Standard for Basic Offshore Safety Induction & Emergency Training.
Contents	The course focuses on the following elements: - Safety Induction - Helicopter Safety & Escape - Sea Survival - Fire Fighting and Self Rescue - EBS

WORKING AT HEIGHT	
Course code	OSP718
Course name	Working at Height
Course group	Working in physical hazardous areas (heights, confined spaces, gas detection, etc)
Duration	1 Day
Class Size	Minimum of 6 delegates; Maximum of 12 delegates
Target group	This course is for all welder, deck crew, derrick man and personnel that work at height.
Prerequisites	Must know how to work at height.
Objective	<p>Upon successful completion of training, delegates should be able to:</p> <ul style="list-style-type: none"> • Understand different working at height protection and how to use them. • Describe the hierarchy of control and measure for working at height. • Describe how to inspect working at height equipments. • Describe the different between the Anchor point, Anchor device and connector. • Understand the danger of suspension trauma and how to prevent it.
Contents	<p>The course content includes:</p> <ul style="list-style-type: none"> • Scaffold terminologies • Applicable Legislation • Hierarchy of Control • Risk Assessment • PPE- Categories of Protection • The Equipment • PPE Anchorage points • PPE Anchor devices • Suspension Trauma

Here is our up-to-date course calendar for 2022 - 2024 to help assist in scheduling your training needs.

For Further Information On Our AOR Courses, Please Contact Us on:
Phone 1: +234 (0) 809 992 9315, Phone 2: +234 (0) 817 984 6056
Email: bookings@primeatlanticsafetyervices.com

OFFSHORE

Water Survival

This program addresses the risks associated with travel over or near water by providing the maritime, aviation, oil and gas, and wind industries with knowledge and skills to survive emergency situations.



2022

2022

2023

2023

2024

2024

OFFSHORE

Marine Courses

The Standards of Training, Certification, and Watch keeping for Seafarers (STCW), which the International Maritime Organization (IMO) established in 1978, designates a set of minimal international training standards for professional mariners.



2022

2023

2024

SAFETY

Health & Safety

We offer both Basic and Advanced First Aid training, which aims to ensure individuals and organizations are best equipped and ready to deal with accidents, illnesses, and* injuries in any circumstance, particularly within the workplace.



2022

Crisis Management

We offer both Basic and Advanced First Aid training, which aims to ensure individuals and organizations are best equipped and ready to deal with accidents, illnesses, and *injuries in any circumstance, particularly within the workplace.



2022-2024

MISTDO

MISTDO Courses

Prime Atlantic Safety Services (PASS) is also licensed by the Nigerian Upstream Petroleum Regulatory Commission (formerly known as the Department of Petroleum Resources) to deliver Minimum Industry Safety Training for Downstream Operations (MISTDO) courses.



2022-2024

FIRE FIGHTING

Fire Fighting, Search And Rescue

We offer both Basic and Advanced First Aid training, which aims to ensure individuals and organizations are best equipped and ready to deal with accidents, illnesses, and* injuries in any circumstance, particularly within the workplace.



2022

2022

2023

2023

2024

2024

TECHNICAL SERVICES

Skills Development

We have developed a unique training experience of onsite training by using multi-skilled and cross-trained instructors who possess the right blend of relevant experience.



2022

2023

2024

FIRST AID

Medical & First Aid

PASS offers both Basic and Advanced First Aid Training, which ensure that individuals are well equipped and ready to deal with accidents, illnesses, and injuries in any circumstance, particularly within the workplace.



2023

2024

E-LEARNING

E-Learning Courses

Prime Atlantic Safety Services (PASS) offers an extensive library of over 90 E-learning courses available on our website at the click of a button.



2022-2024



Phone 1: +234 (0) 809 992 9315,
Phone 2: +234 (0) 817 984 6056
Email: bookings@primeatlanticsafetyservices.com
Web: www.primeatlanticsafetyservices.com